

Annual Report

2009-2010

**Supporting Wellness and Recovery
Through Partnerships**



**PROGRESSIVE
HOUSING SOCIETY**

A Tribute to Our Volunteers.....



Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain love for one another.

Erma Bombeck



I don't know what your destiny will be, but one thing I know: the only ones among you who will be really happy are those who have sought and found how to serve.

Albert Schweitzer



I was taught that the world had a lot of problems; that I could struggle and change them; that intellectual and material gifts brought the privilege and responsibility of sharing with others less fortunate; and that service is the rent each of us pays for living, the very purpose of life and not something you do in your spare time or after you have reached your personal goals.

Marian Wright Edelman

*Volunteers make our
mission possible...*



PROGRESSIVE
HOUSING SOCIETY



Our Purpose

To promote the wellness of people with mental illness by providing affordable housing options and support services, based upon the principles of recovery

Our Mission

To provide housing, support and wellness through partnerships.

Our Core Values

Respect, Ethics, Partnership,
Empathy, and Teamwork

Our Programs

Supported Independent Living Program

This Program provides subsidized rent and community support to those with mental illness living independently. People must actively participate in the program in order to receive subsidization.



Community Living Program

Community Living Program members do not need rental subsidies, but are provided with support from PHS.



PHS Fit Club

The new PHS Fit Club is a joint initiative between the Heart & Stroke Foundation of BC & Yukon and the BC Recreation & Parks Association. Many PHS clients enjoyed learning about health and increasing their exercise.

Shared Housing Program

Progressive Housing Society has 3 houses in Burnaby. Five people share each house's common areas, but each tenant has a private bedroom. Participants receive rental subsidies.



Gilmore Transition Program

Our Gilmore transitional home offers affordable housing shared by 5 people. It provides more intensive support services. Program participants are limited to a 2-year stay.

Homeless Outreach Program

HOP provides meals, mental support, crisis management, and support for improving skills, health, finances, and hygiene. Our workers also help find homes, support new renters, and ensure that participants have proper medical and social services.



A Year in Review



BBQ 2009:

PHS' annual barbecue theme was Pirates. Guests' costumes included eye patches, extravagant hats, and stick-on tattoos. Over 100 people attended the event at Confed-

eration Park, which included pirate-themed games, fresh coffee and baked goods from the wonderful team at Tim Hortons, and great food from Seasons Catering.

WELLNESS 2009:

During Pamper Me Day at Southside Community Church, various people donated their time and services, including facials, manicures, haircuts, and glamour. Our clients enjoyed all the stations, although the hair and manicure stations were the favorites.

RAFFLETICKETS 2009:

The Progressive Housing Society (PHS) held a 4-day raffle at Brentwood Town Centre. The many prizes included an Easter basket, night out packages, and perfumes. Thank you to all who made this event a success.

BINGO 2009:

PHS held a bingo game for our clients, with prizes such as a camera, a bicycle, a flat-screen TV, and various gift certificates. This event, held at Southside Community Church, allowed clients to socialize with one another in a safe, comfortable, and fun environment.



CHRISTMAS 2009:

PHS staff and clients enjoyed our Christmas dinner at the Burnaby Firefighters Club. The adorable children's choirs from Maywood Elementary School and Stride Elementary School provided Christmas entertainment, and were a big hit. Hot chocolate, baked goods, and catered food were also provided.



CUPCAKE SALE 2009:

The Community Partnership Committee (CPC) held a Halloween cupcake fundraiser. The team baked dozens of unique Halloween-themed cupcakes. Teams were placed around Burnaby to sell packs of 6 cupcakes. Within several hours, the cupcakes were sold out. What a success!



Homeless Outreach Program Events

CANADA DAY AT LOUGHEED MALL: "START ME UP!" KITS

The management of the Lougheed Mall-20Vic gave HOP the opportunity to hold a fundraiser in their mall, coinciding with Canada Day Celebrations. HOP's "Start me up!" fundraiser asked people to purchase a symbolic house for \$10 each. Every 10 houses purchased provided a "Start me up!" kit for a newly-housed person, which included basic household necessities such as dishes and cleaning products. During the 3-day event \$1500 (15 kits) was raised. Many volunteers assisted the staff of HOP and PHS to make this endeavor a success.

HOMELESS AWARENESS WEEK: BURNABY CONNECTS WITH THE HOMELESS

In partnership with the Burnaby Taskforce on Homelessness, HOP's 4th annual Homelessness Awareness Event took place in October 2009 at Southside Community Church. Over 200 people

attended to receive comfort kits and services such as hairdressing, makeovers, tooth, eye, and foot care, and care from nurses and outreach workers. The Burnaby Optimist Club and Burnaby Lions provided meals. PHS staff, the Taskforce, Burnaby's city counsellors, MPs, MLAs, community volunteers, and other social service agencies helped to make this HAW event the largest ever.



RAISING THE ROOF

On Tuesday, February 2, PHS staff and volunteers once again sold toques in Burnaby for the Raising the Roof Toque campaign.



HOP CHRISTMAS PARTY

HOP again put on a Christmas celebration for Outreach Program attendees. Over 170 people were treated to a hot gourmet breakfast from the Kingsley family and a hot turkey dinner for lunch. There was music by the Casablanca Cowboys, a hockey shootout, bingo, door prizes, and gifts from Santa for each attendee. Taskforce volunteers, Burnaby politicians, the HOP and PHS staff and volunteers, and many community volunteers helped make this day very special.

MCOUTREACH DAY

On March 19th, 2010, the Outreach Resource Centre celebrated serving its 10,000th attendee by holding a special party to commemorate this occasion. The Burnaby Mosque provided a hot curry lunch for the 150 attendees. Bingo, ping-pong, foosball, and bowling on the Wii provided lots of fun. Taskforce members, PHS staff, and many community volunteers assisted at this event.

Executive Report



JAYE ROBERTSON
EXECUTIVE DIRECTOR

Today we are more aware than ever of how our physical and mental health affects our well-being. Living with balance means focusing not only on your physical health, but emotional and mental health as well. Good mental or emotional health helps us find our balance and stay in control, even during turbulent times. Choosing to be healthy is challenging, but it is IMPORTANT! Life is full of change, risks, and challenges. If our clients have taught us one thing, it is resiliency.

We are pleased to announce that another year at Progressive Housing Society has passed and we are entering our 30th year of service in Burnaby. Our Society has not been untouched by the recent downturn of our economic environment and we have had to respond to the Health Authority's financial challenges. The Board and management have had to make some difficult decisions this past year in reducing our administrative expenditures. Despite our challenges, PHS has managed to weather these tough times and we are proud to report that our programs and direct levels of service have been maintained to the utmost capacity. We will continue to focus on the needs and development of our clients as well as managing increased referrals to our programs.



ROSE BERGEN
PRESIDENT

We continue to be a leader in the supportive housing community. Our experience in mental health allows PHS to truly make life-changing transformations in the lives of many people in Burnaby. We have skilled, dedicated, and committed staff that embrace our challenges and find solutions to support the mental health system when faced with uncertainty. Our staff consistently maintains the focus of the mission of PHS.

Through the past year, the Board has provided leadership and guidance to the Society and Executive Director. The Board will continue to review the work plan of our strategic vision, and make necessary adjustments, changes and updates as our Society progresses. The Board will continue to be a presence in the community and work to build relationships with our stakeholders.

Once again, we could not have provided our quality of service if it wasn't for our countless volunteers and dedicated community members who are very much a part of our team.

Thank you to the staff and volunteers for your hard work, commitment, and passion!



The Board 2009-10



ROSE BERGEN
PRESIDENT

Rose brings her expertise to Progressive Housing's Board of Directors

for the sixth year. Her

experience with housing issues has helped her understand the importance of providing safe, affordable housing and the link between housing and health.



**JENNY
KATAYAMA**
VICE PRESIDENT

Jenny brings over 12 years of experience in the financial industry as

well as undoubted enthusiasm to PHS.



JON SATOK
TREASURER

Jon joined the PHS Board because of his interest in the plight of the homeless. He has worked

as a stockbroker for the past nine years.



DORIS ROUTLIFFE
SECRETARY

Doris has served in a number of capacities for various local

organizations including SHIP, Youth Secure Custody Center, Red Cross and other Burnaby-based organizations. She brings a passion for community service to the board.



ANNE KANG

Anne has worked with gifted and learning disabled students in her career as a Burnaby teacher. She was also

serves as a Councillor for the city of Burnaby.



**GORDEN
ZELEZINSKY**
PPAC Co-chair

Gorden is well-acquainted with the needs of its clients as he was himself a former

client. Gorden is also co-chair of the PPAC committee at PHS.



**MICHAEL
SANDLER**

Michael brings a decade of experience in health care as well as a background in program

organization and delivery to the PHS team.



**RAJINDER
PANDHER**

Rajinder is committed to enhancing Burnaby's community services.

He brings a strong

level of commitment and dedication to the PHS Board. His community ties and diverse connections within Burnaby assist PHS in educating the public on issues of homelessness and mental illness.

JOHN MORTON PPAC Co-chair



John has really appreciated the help he has received over the past years from PHS. John loves being involved in the community and the

responsibility of PPAC. John has built strong relationships with others and stays very busy and active volunteering in the community.

The Progressive Housing Society would like to recognize the following staff for their years of dedicated service.

*For 10 years of service,
Congratulations to:
Freddy Benmergui
Terry Stevens
Cheryl Stogren
Andi Hale
Kevin Gariepy*
*For 5 years of service,
Congratulations to:
Christine Klassen*

*Resilience
in the face of adversity—
it means a strength and
compassion that will not
be defeated.*



Agenda

June 16, 2010

Lunch
Member Registration
Call to Order
Approval of Agenda
Approval of Minutes from last
AGM- June 24, 09

Executive Reports

President/Executive Director
Auditor/Treasurer
Nominations Report
Election of Board Members
Approval of Reports
Adjourn Business Part of Meeting

Program Updates

SIL Program
CLS Program
Homeless Outreach Program
Community Partnership
Committee Update

Staff Recognition
Adjournment

AGM 2009 Minutes

June 24, 2009

Southside Community Church
7135 Walker Ave, Burnaby BC, V5E 1G5

Registration and Lunch served at 12:00pm

1.0 Welcome and Introduction

- 1.1 Peter Julian (MLA)
- 1.2 Kathy Corrigan (MLA)
- 1.3 Raj Chouhan (MLA)
- 2.0 Meeting Called to Order
- 3.0 Review of Agenda (Rose)
- 3.1 Motion to Approve Agenda: Doris Routliff
Seconded: Gorden Zelezinsky
Carried
- 4.0 Review and Approval of Meeting Minutes 2008
Motion to approve 2008 Minutes: Michael Sandler
Seconded: Brian Kingsley
Carried

5.0 Executive Report

- 5.1 Auditors Report, Bruce Nagy
Reid, Hurst, and Nagy, Certified Accountants
*Financial statements look healthy with an increase
in revenue of \$300,000. Cost increase caused by
contracts, rents, and salaries.*
- 5.2 Motion to appoint auditors Reid, Hurst, Nagy:
Doris Routliff
Seconded: Gorden Zelezinsky
Carried.
- 5.3 President's Reports
- 5.4 Executive Director's Report

6.0 Nomination Report

- 6.1 Rose Bergen and Doris Routliff nominated & elected
- 6.2 Jenny Katayama elected as Vice President
- 6.3 John Morton as PPAC co-chair
- 6.4 The Progressive Housing Society recognized Kelsey
Andrews for her participation on the board and
presented her with a Certificate of Appreciation.
- 7.0 Motion to Receive all Reports: Gorden Zelezinsky
Seconded: DougDungey
Carried
- 8.0 Business Segment of Meeting Adjourned
Motion to adjourn meeting: John Morton

Nominating Committee Report

SLATE OF BOARD MEMBERS 2010-11 Board of Directors

The following officer and directors-at-large are in the middle of their term and therefore do not need to be re-elected.

Rose Bergen	<i>President</i>
Jenny Katayama	<i>Vice President</i>
Doris Routliffe	<i>Secretary</i>
John Morton	<i>PPAC Co-Chair</i>

Gorden Zelezinsky, one of the PPAC – Co-chairs will be retiring from the board as he has completed a six-year term. Thank you Gorden for your commitment and contributions for the past six years.

The nominating committee is in the process of selecting another PPAC Co-Chair, but does not have a candidate at this time.

Jon Satok, Treasurer, tendered his resignation on February 28, 2010.
Anne Kang, Director, tendered her resignation in April 2010

The following Officer's need to be re-elected for another two-year term:

Michael Sandler
Rajinder Pandher

The Nominating Committee wishes to put forward the following name:

Carrie McLaren	<i>Treasurer</i>
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The Committee recommends acceptance and confirmation of this slate of board members.

Respectfully submitted
Rose Bergen, Chair
Nominating Committee

FINANCIAL STATEMENTS

The Progressive Housing Society

Summarized Statement of Financial Position, Year End March 31, 2010

	2010	2009
Assets		
Current Assets	\$400,986.00	\$380,918.00
Capital Assets	\$375,794.00	\$398,699.00
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	\$776,780.00	\$779,617.00
Liabilities and net Assets		
Liabilities	\$426,848.00	\$354,782.00
Net Assets	\$278,519.00	\$359,927.00
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	\$705,367.00	\$714,709.00
Long-Term Debt		
Replacement Reserve Fund	\$71,413.00	\$64,908.00
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	\$776,780.00	\$779,617.00

Statement of Operations (Year ended March 31, 2010)

	2009	2008
Revenues		
Contracts	\$2,027,351.00	\$2,043,624.00
Donations, Interest and Memberships	\$28,817.00	\$151,059.00
Others	\$14,635.00	\$13,005.00
	<hr/>	<hr/>
	\$2,070,803.00	\$2,207,688.00
Expenditures		
General Administration	\$90,739.00	\$122,477.00
Salaries, Benefits & Staff Developments	\$1,130,783.00	\$1,096,636.00
Building	\$781,118.00	\$746,113.00
Direct Services	\$128,837.00	\$255,369.00
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	\$2,131,477.00	\$2,220,595.00

(Deficiency) Excess of revenue over expenses \$(60,674.00) \$(12,907.00)

Life Stories...



Edward Miller

At first glance, Edward Miller is a little rough around the edges. He speaks loudly, but his blue eyes show deep kindness and generosity. One would think he would be a little less forgiving as he has had such a hard life—born in Vancouver, he was kicked out of his house at age 6 because his parents had too many children.

From that tender age he was forced to live on his own; begging and doing small chores. When he was old enough to legally work, he took jobs at sawmills and factories all over BC, Whitehorse, and even the United States. His favourite was working in Princeton for the city's Parks and Recreation. "It's hard for me to be stuck inside," he says.

Edward returned to Vancouver 10 years ago. He heard about Progressive Housing Society (PHS) through a friend. PHS now helps Edward by parceling out his disability checks throughout the month. When he has all the money at once, he says, he lends it out or buys things for people and suddenly he has nothing left for himself.

PHS gives him clothes, food, and most importantly, someone to talk to. "They bring me back up when I'm down," Edward says. Before he came to PHS, he had attempted suicide multiple times. He hasn't even considered it for 12 years. "Progressive Housing does everything for me" he says, "I wouldn't be here without them."



Robert Young

Robert Young has always lived with hardship. Living as Anglophones in Shawinigan, Quebec, was hard for Robert and his family. Times were tight, and Robert started to collect cans and bottles at age 3 to help his large family.

Robert is kind, articulate, and easy to talk to. You would never know that he has 6 different mental illnesses—his childhood teachers sure didn't. Robert failed grade 2, and subsequently failed other grades off and on. He finally completed his high school diploma after 37 years.

While in Quebec, Robert had 29 blue-collar positions at factories, mines, and warehouses. Robert's Francophone colleagues bullied him for speaking English. His colleagues even slipped battery acid into his lunches, giving Robert a stomach ulcer. He also suffered 2 heart attacks from stress.

Robert's body rebelled against all the hard work. He had been recycling cans for 29 years, which added up to over a million miles of biking. He started to cough up blood. The doctor told him that the air quality at his workplaces and in the city had destroyed his already weak lungs. The doctor said, "Robert, retire to BC, the air is better, and it is Canada's can collector's heaven."

When he arrived in BC, Robert barely scraped by with his recycling income and Quebec disability cheque. He said that he was headed for homelessness, which to him is worse than prison. When he went for a routine mental health checkup, the case manager suggested looking into help from the Progressive Housing Society.

That was 11 years ago. Currently, PHS subsidizes Robert's rent until there is room for him at PHS's Hastings Village or Stratford Gardens. Robert says PHS has helped him make "a complete 180 from where [he] was headed before."

Robert now donates generously to PHS out of the proceeds from his bottle collection. Robert strongly believes that "you should give more than you take." PHS gave him a second chance at life, and he wants to give back as much as he can.



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HOUSING SOCIETY**